



Save the Date: Fighting the Stigma of Mental Illness

Hosted by the Apis Wellness Team

- Mental illness is a widespread problem. But stigma prevents a lot of people from seeking help. Please join us for a presentation by Aetna Resources for Living as they discuss mental illness and how we can fight the stigma.
- To register, you must use one of the Aetna Resources for Living links below. After registering, you will be sent a confirmation email with direct access to the presenter's notes and calendar invite.
 - Questions? Email wellness@apismgt.org
 - [Tuesday May 17 @ 1:00pm](#)
 - [Thursday May 19 @ 9:00am](#)